



CCAP 2022 Annual Report

Executive Director: Andrea Cosans

Executive Officers

Board President: Laurel Coleman
Vice President: Joe Lewis
Treasurer: Kim Zimmerman
Secretary: Robert Brock

At-Large Members

Robert Boulter Dennis McFaden
Madelyn Rodriquez Teri Hurst
Martha Wolfe Anne Ashby
Dean Cole

GOVERNING PRINCIPLES OF CCAP EMPLOYMENT

CCAP Mission:

Guided by our faith in God and love of neighbor,
CCAP is a community lifeline for all people in our area who find themselves struggling to meet basic needs, providing stability and security while enabling them find paths to self-sufficiency.

Vision Statement:

Our neighbors can always count on the compassion and generosity of the community in times of need, and will have meaningful opportunities to lift themselves out of difficult life situations.

Values:

The core principles we commit to following as we support our neighbors in Winchester and Frederick County

- **Motivated by God's call** to serve those less fortunate than us
- **Respecting the different circumstances** that bring people to us for help
- **Promoting dignity and self-worth** through peoples' experiences with us
- **Encouraging long-term growth** as our neighbors navigate life challenges
- **Relying on community generosity** with time, effort, and resources
- **Being grateful to our supporters** and reflecting it in how we treat them
- **Assuring good stewardship** of the help our community provides

Philosophy And Objectives:

CCAP is a registered charitable organization both in the Commonwealth of Virginia and the Federal Government. We have tax-exempt status as a 501(c)3, as well as exemption in local and State governments. Governed by a Board of Directors and by our Corporate Members, our primary goal is to help provide a way out of immediate crises and refer to resources that can help people achieve independence. In accordance with Federal civil rights law.

CCAP does not discriminate based on race, color, national origin, sex, gender, disability, or age.

History

CCAP formed in October of 1974 by eleven local churches as the Christian Cooperative Action Program, changing its name to Congregational Community Action Project in 1975. We are a 501(c)(3) non-profit, charitable organization funded by area faith communities, businesses, civic groups, bequests, and private individuals. As an all-volunteer organization (except for our Executive Director and our Community Engagement Coordinator, both full-time positions), we can designate a vast majority of monetary donations directly to client expenses.



General Information Updates:

On Monday, February 6, 2023, CCAP opened its doors so that people can now come inside and shop for themselves. It has been a lengthy process for us to open our doors and we are excited to serve our clients in person!

CCAP is open to the public Mondays through Thursdays from 10:00 am to 1:00 pm and Friday from 10 am to 12 pm.

Check our Facebook page at <https://www.facebook.com/ccapwinchester/> or at our website at www.ccapwinchester.org for changes in hours of operation or closings and information on dedicated events and happenings.

Main Office: 112 S. Kent Street, Winchester, VA 22601 Phone: (540) 662-4318

General email is finance@ccapwinchester.com

Executive Director's email is executivedirector@ccapwinchester.com

Program Overview

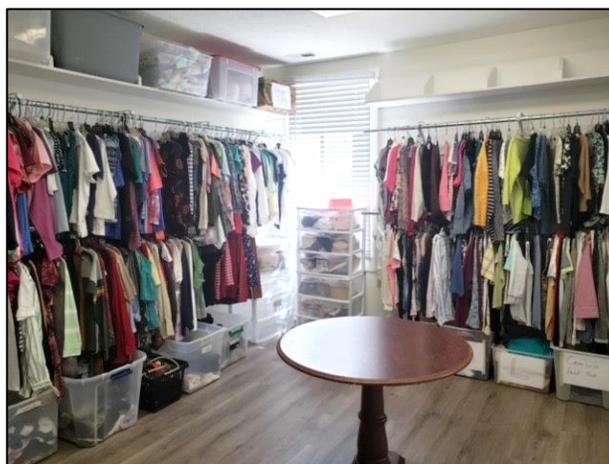
Food Pantry: Registered clients can come once a month for groceries, personal hygiene items, cleaning supplies, laundry supplies, pet food and litter.

Hours of operation for this service is Mondays, Wednesdays, and Thursdays from 10:00 am to 12:45 pm and Friday from 10:00 am to 11:45. CCAP also serves the second Saturday of every month from 10:00 am to 12:00 pm.



Clothing House: Clients can come once a month for clothing needs and diapers. We operate a clothing house to clothe all ages, genders, & sizes for each season.

Hours of operation for this service is Mondays, Tuesdays, and Thursdays from 9:00 am to 11:30 am.



Financial Assistance: CCAP offers financial assistance with utility bills, rent/mortgage, and other expenses--including work equipment, other necessities and appropriate needs as requested. The board sets the amount of financial assistance at the beginning of every year.

Hours of operation for this service is Mondays through Thursdays from 10:00 am to 1:00 pm and Fridays from 10:00 am to 12:00 pm. Beginning in 2023, CCAP will be doing finance by appointment only.



Special Giveaway Events: CCAP gives away surplus food and other donated items, as well as needed supplies for those who have no fixed address. See our Facebook page or website for more information.



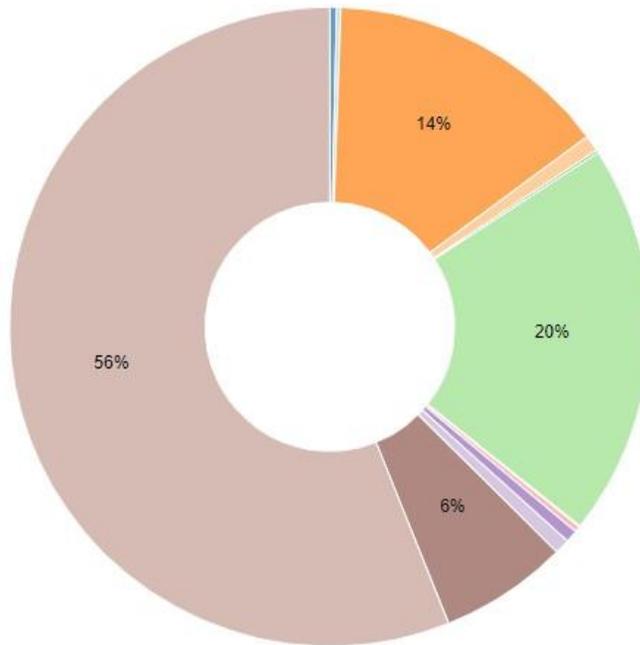
Easter Giveaway 2022



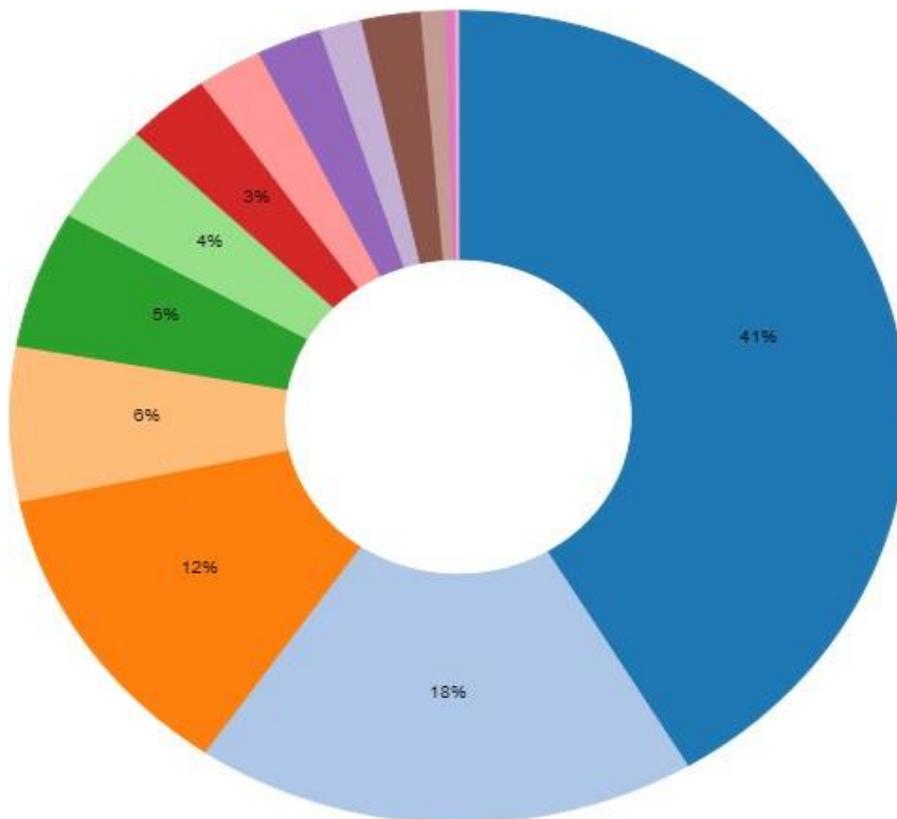
Ethnicity:

The following charts break down the ethnicity of our clients. The major categories are 56% Caucasian, 14% Black/African American and Hispanic 20% with the rest being other/multiple or undisclosed. The top chart is households, and the bottom chart is individuals within the households.

● American Indian / Na... ● Asian (3) ● Black / African Amer... ● Black/African Americ... ● Hispanic + Another E... ● Hispanic / Latino (2...
● Middle-Eastern / Nor... ● None (4) ● Other (9) ● Other Multiple Ethni... ● Undisclosed (94) ● White / Anglo (811)



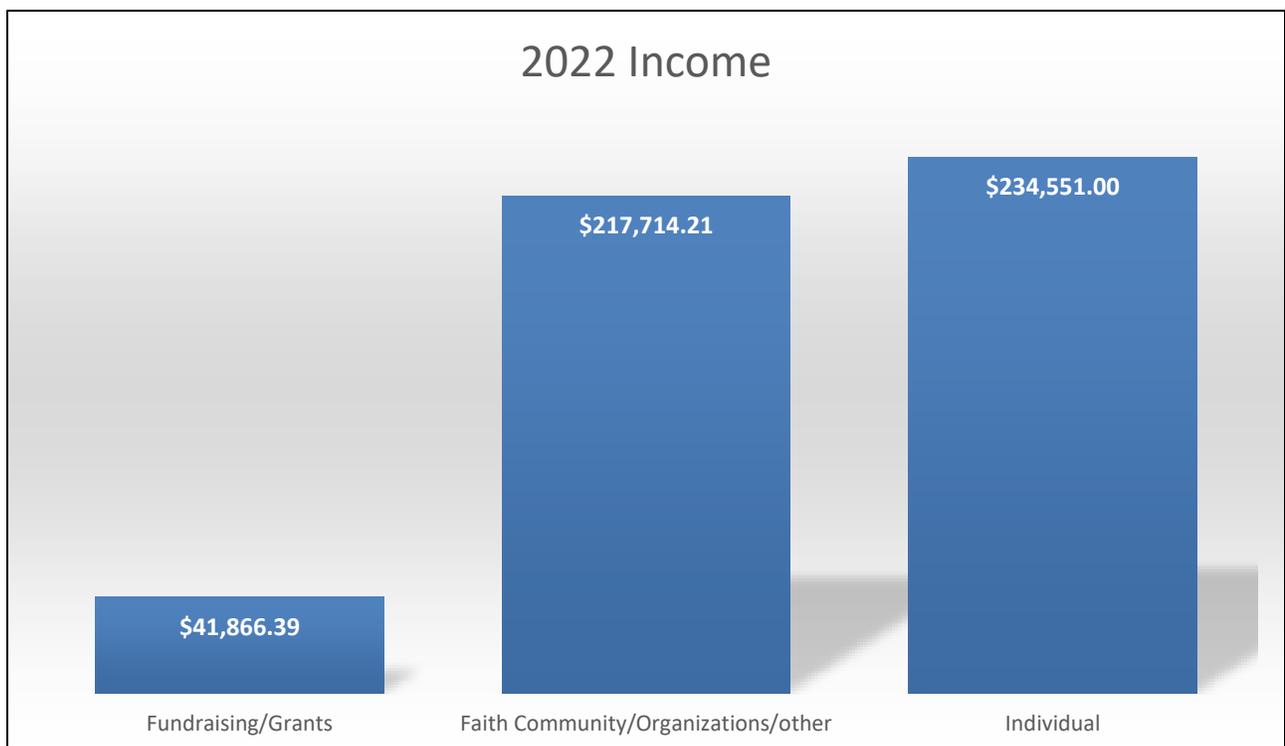
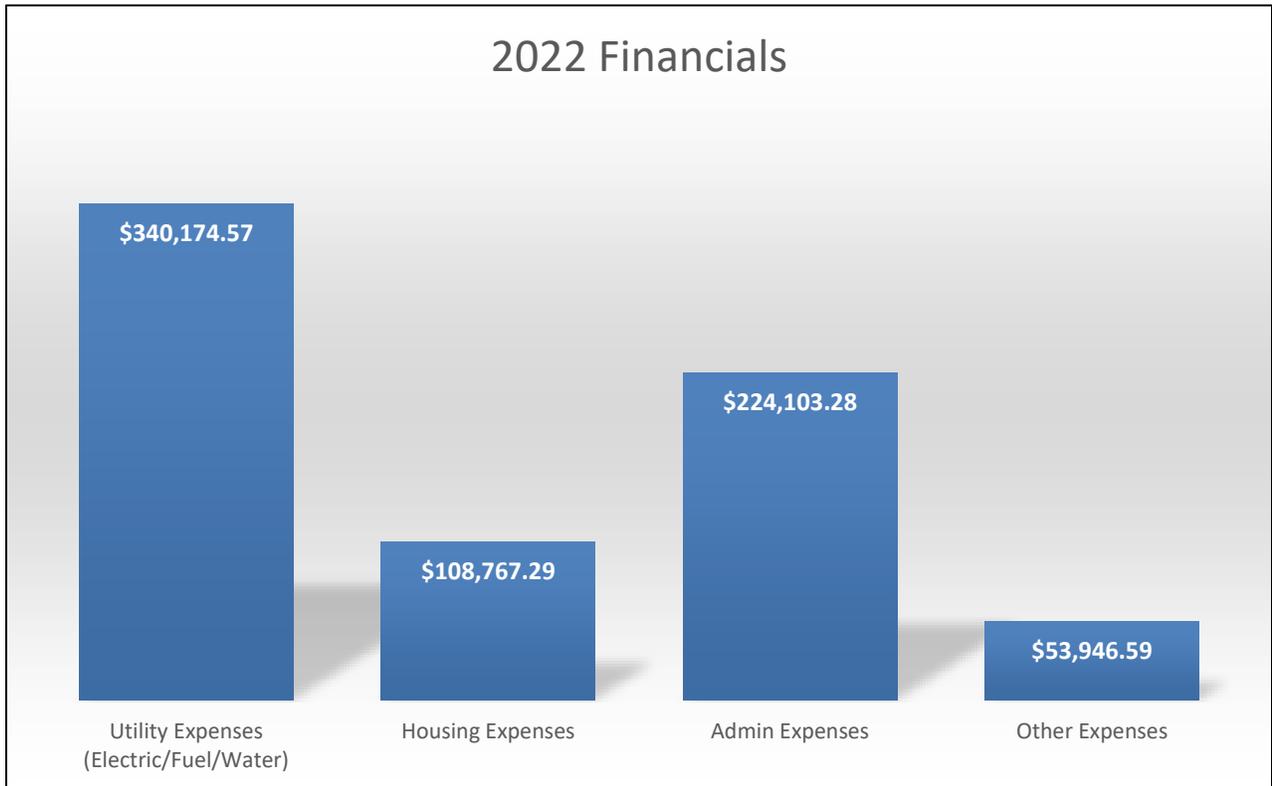
● 1 (800) ● 2 (262) ● 3 (175) ● 4 (89) ● 5 (79) ● 6 (58) ● 7 (44)
● 8 (34) ● 9 (34) ● 10 (22) ● 11 (31) ● 12 (13) ● 13 (5) ● 14 (1)



Finance:

CCAP had a wonderful year regarding finances:

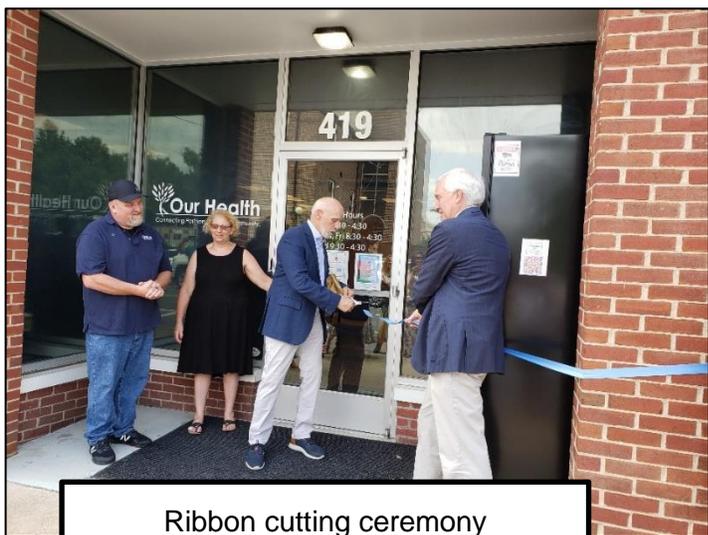
CCAP assisted with \$567,876.30 in financial aid and served 1638 households in its financial aid program. This aid was in the form of \$300 to \$600 grants to help pay utility bills, rent/mortgage, car repairs and other necessities. These grants prevent homelessness because they help clients get through the crisis in their lives.



The FREEDGE:

CCAP, in partnership with other groups and agencies, implemented the Friendly Neighborhood Freedge in June of 2022. This is located at 419 N. Cameron Street. The Freedge is intended to combat food insecurity especially in areas that are food deserts. Anyone can take out of the Freedge and anyone can put in. CCAP and others have kept the Freedge filled and have given the citizens of Winchester an avenue to have healthy foods available. This year seven area restaurants have agreed to fill the Freedge with a winter soup program. Alma Beas, The Salamander Resort, The Wayside Inn, Café Del Sol, The George Washington Hotel, The Paladin, and 6 Star Catering have all donated soup or stew, and this has been a hit. A big thank you to these establishments for their generous donation. Thank you to Valley Health, Our Health, MSV, the congregations, and the individuals who have been part of this endeavor. YOU MAKE A DIFFERENCE!!!

2023 will see the installation of two more Freedges, one in Stephens City and one in Jim Barnett Park. Sign up to be part of the Freedge Stock/Clean Crew!



Ribbon cutting ceremony



Erin, a community member filling Freedge



Daily Freedge fills!



Food Pantry:

The food pantry served 1964 families with some coming only once or twice, but many coming each month. Clients received 30 lbs. of food up to once a month. This included nonperishable staples, dairy, meat, produce, and goodies.

Clothing House:

The clothing house consists of two programs - the baby and toddler program and the older child and adult program. 2021 saw the re-opening of the clothing house in May and all clients were able to shop for themselves.

The following are the statistics for the clothing programs:
The clothing house gave out clothing to 1,011 families including the unhoused, who can get clean clothing as they need it at no cost.

898 families received baby and toddler clothing.

53,248 diapers were distributed in 2022.

The cost saving for families by receiving monthly diapers, and clothing for their little ones is significant.



Volunteers:

CCAP cannot provide the services we do without the help of our wonderful volunteers. Whether it is helping at the clothing house, helping pay bills, handing out food, driving 6 days a week to pick up food donations and giving a smile and help at the front door. In 2022, CCAP had 156 volunteers who logged 14,643 volunteer hours. This saved CCAP \$424,647 dollars in personnel costs.



Firewood:

CCAP is blessed through a firewood program that Frederick County Rotary club runs for us. In 2022, 99 loads of firewood were cut, split and delivered to CCAP clients.



Bicycles:

CCAP gave out 60 bicycles to clients who needed transportation to and from work. This is another program that is in partnership with Frederick County Rotary Club who repairs and donates bicycles.



From The Executive Director:

I am truly blessed to be part of this wonderful organization that does so much good for the community! I am even more blessed to work with other organizations that are trying to improve the lives of the citizens of Winchester.

CCAP has many supporters in this very generous community that we live in. These include our supporting congregations, individuals, and local companies and foundations such as:

American Woodmark, CCCharities, Bank of Clarke County, Winchester Rotary Club, Rotary Club of Frederick County, United Way, The Pruitt Foundation and many others.



Without the support and the collaboration CCAP would not be as successful so a big thank you too all!

The 2022 CCAP benefit bike ride was a huge success, CCAP raised \$11,600. Thank you to all who sponsored. The 2023 benefit bike ride will take place on Saturday August 26. We need volunteers, riders, and sponsors.



We also invited companies weekly to come and share their businesses with our community with information tables. Sharing conversations on insurance intel, affordable cellphone assistance programs, how to set up checking accounts and even how to register for college classes to better their life situations.



Partnerships and Collaborations:

CCAP has spent 2022 increasing and strengthening partnerships. Bright Futures, Highland Food Pantry, Salvation Army, United Way, Unite Us, Valley Assistance Network, WATTS, Winchester Rescue Mission, Salvation Army Center of Hope Shelter, Red Wagon Ministries and Faithworks to help provide all needs for our community. In addition, CCAP has partnered with CCARES Hope Again and other pantries to do food swaps which increases diversity of product and is a win for both pantries and clients. CCAP is a member of the Our Health campus. CCAP works with Sinclair Health Clinic to help better coordinate services. CCAP continues to build a network of groups and agencies to better help our clients. We are grateful for these collaborative efforts.



CCAP's Future = UNLIMITED

CCAP continues to be committed to serving the Winchester City/Frederick County, Virginia area by providing food, clothing, and financial aid for our clients. CCAP continues to be committed to partner with other area agencies to provide more comprehensive and cohesive services and to exact a better result for all.



CCAP understands that the program is where clients in crises come for help. CCAP understands that we do not have all the answers. CCAP plans to invite other agencies to provide services on CCAP's campus. A one-stop shop model would be a benefit to our community.

CCAP continues to expand to bring other agencies to the table such as Social Services, Homeless Outreach, Peer Recovery Support, and any other agency or group that could be of use to taking our clients out of crises.

CCAP finished remodeling the food pantry. This year the objective is to find a consistent source of fresh produce and eggs for our clients of the food pantry. We would also like to promote the dignity and compassion of choice and independence, so CCAP is allowing clients to shop for themselves.

CCAP is in the process of renovating both buildings. Home Aid generously donated a much-needed cosmetic facelift for the clothing house. We truly appreciate being able to renovate the Unique Boutique that allows our clients to shop for clothes in a bright new organized space.

CCAP is extremely grateful for our generous donors. We have been able to provide more funding for financial assistance because of the generosity of our community.

There is still more to do, CCAP is fully staffed by volunteers, except for the Executive Director and the Community Engagement Coordinator. Contact us for a tour, and information on how you can become involved in CCAP.